



American Red Cross



STANDARD FIRST AID with CPR/AED - Adult

- PURPOSE:** This course is designed to prepare participants to respond to emergency situations with confidence in their ability to perform necessary lifesaving skills.
- CLASS TIME:** Approximately one 6.5 hour session. Course can be divided into two sessions.
- CLASS SIZE:** A maximum of twelve participants per instructor. Multiple instructors may be scheduled at the same time.
- CONTENT:** Professional American Red Cross Instructors guide students through up-to-date videos depicting real life emergencies, and step-by-step practice procedures which will enable participants to position a victim for rescue breathing, give rescue breathing and cardiopulmonary resuscitation (CPR) for adults, control bleeding, respond to poisoning emergencies, and understand when to move a victim. Participants will be able to give first aid for choking victims, burns, eye and nose injuries, bites and stings, fractures, dislocations, sprains, strains, strokes, seizures, heat and cold exposure, and diabetic emergencies. Students will also learn the use of the AED. The course is structured to meet OSHA guidelines and teaches the participants universal precautions by having them use gloves during all skills. All participants will also be provided with a keychain breathing barrier to use in any emergency situation as well as handy skill cards designed to be added to the participants' first aid kits.
- MODULES:** For a nominal additional fee one and two hour modules can be added to the SFA training to meet the different demands of your organization. Some of our more popular modules include Preventing Disease Transmission, Automated External Defibrillation, Slips, Trips and Falls and Ergonomics. Please ask about our other offerings.
- PREREQUISITE:** None.
- CERTIFICATION:** Participants who demonstrate all skills correctly and who pass the final written test with a minimum of 80% will receive a CPR/AED – Adult certificate valid for one year from the date of course completion and a Standard First Aid certificate valid for three years from the date of course completion.
- CONTRACT:** Training will be completed at the work site or another agreed upon location.
- The course will be taught at the time designated by the business or organization.
- All equipment necessary to complete the course will be delivered to the contracting organization and retrieved by American Red Cross personnel.

COURSE FEE FOR THE AMERICAN RED CROSS OF THE SUSQUEHANNA VALLEY

A per person fee of \$65.00 will be charged for each participant with a minimum of 8 participants.

A \$25.00 fee will be added for a single course held over two days.

For more information or to schedule a course, please contact:

**American Red Cross of the Susquehanna Valley
1804 North Sixth Street, P.O. Box 5740
Harrisburg, PA 17110-0740
(717) 234-3101 or (717) 299-5561**