

CROSSING THE VALLEY

Instructor News

Thank you for making the Susquehanna Valley a safer place to live, work and play.



**American
Red Cross**

of the Susquehanna Valley

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February 2005

March is Red Cross Month: Your Help is Needed!

We are offering free community CPR and First Aid courses during March to celebrate *March is Red Cross Month*. There are 49 community courses scheduled for March in the Harrisburg and Lancaster area. We need your help! We have daytime, evening and weekend opportunities. **If you are available to volunteer to instruct a course please contact Dana King by calling (717) 299-5566 x143, (717) 257-1822 x143 or send an e-mail to KingDa@usa.redcross.org.**

If you know someone that is interested in becoming a volunteer instructor, our next instructor class is scheduled for February 16, 17 and 18, 8:00 a.m. - 4:00 p.m., at our Lancaster office. To register, or for additional details, call (717) 234-3101 or (717) 299-5561.

Fee Increases

As communicated in the last newsletter, these prices are effective March 1, 2005.

Manikin Rental:	\$12 per day
Video Rental:	\$12 per day
AED Rental:	\$12 per day
Video Sets (Lifeguarding & Emergency Response):	\$12 per week
Laerdal Manikin Face Shields (roll of 36):	\$12
Administrative Fee:	\$6 per person



Release of Americans with Disabilities Act Accommodation Resource Guide for Conducting and Administering Health and Safety Services Courses

For years, American Red Cross national headquarters and local chapters have been approached by Health and Safety customers whose needs required special accommodation to meet the specific objectives set forth in Health and Safety courses. These accommodation decisions have been based on a doctrine of fairness to the individual within the standards set forth in the courses. The mandates of the Americans with Disabilities Act require American Red Cross to closely examine its nationally defined course objectives and require reasonable accommodation for individuals with qualifying disabilities seeking training or certification.

National Headquarters Preparedness Department is offering this guide to assist chapters and instructors in incorporating accommodations into American Red Cross courses for individuals with disabilities. The focus is to identify situations where accommodation may be necessary and identify potential solutions that emphasize teaching to the standard while testing to the objective.

This guide is available on www.redcross.org. Click on "Health and Safety Services" at the left, and then on the Instructor's Corner.

Play It Safe with Sport Safety Training

Sport Safety Training is designed to help coaches, athletic trainers and other course participants identify and eliminate potentially hazardous conditions in various sports environments, recognize emergencies and make appropriate decisions for first aid care.

Flexible course options—including a stand-alone Sports Injury Prevention and First Aid course with additional training available in adult and child CPR and automated external defibrillation—allow customers to choose the course that's right for them. The training features video, hands-on classroom instruction, and interactive group exercises and activities, plus a handy reference book to use and keep during competitions and practices.

Become an American Red Cross Instructor

Flexible training options make it easier than ever to become a Sport Safety Training instructor. Current American Red Cross First Aid, CPR and AED instructors need only complete a self-study to become a Sport Safety Training instructor. An abbreviated instructor training for certified and/or licensed athletic trainers and other professionals is now available.

Take Time Out to Protect Athletes

The redesigned Sport Safety Training Handbook features a user-friendly format and serves as a quick reference tool in an actual emergency. Every coach, athletic trainer and anyone else who works with athletes should keep the handbook in an easily-accessible place, such as a first aid kit or sports bag. The revised course workbook provides updated injury prevention information, and a new instructor's manual features a more streamlined and standardized format. The Sport Safety Training video has also been updated and is now available in a DVD format.

Contact your local Red Cross chapter for more information.

Instructor's Corners Online

Did you know that the national Red Cross web site has a section just for instructors? Visit the Instructor's Corner by logging onto www.redcross.org, click on Health and Safety (at left), then click on Instructor's Corner. Here you can learn about program updates and get the tools you need to make your job easier.

Also, there is an Instructor's Corner on the Susquehanna Valley web site. Check it out by going to www.sqvalleyredcross.org/friends/instructors.htm.

Child AED Course Available

The American Red Cross Child AED course provides customers with the most up-to-date training in the use of Automated External Defibrillators (AEDs) that are configured for use on children.

The purpose of the American Red Cross Child AED Course is to teach participants to recognize when it is appropriate to use a child AED with pediatric AED pads and how to correctly use an AED with pediatric pads.

If you are interested in teaching Child AED, stop by either office to pick up a free instructor outline.

StayWell Offers Convenient Shopping

The American Red Cross and StayWell have joined together to bring you a brand new e-commerce web site that lets authorized providers and instructors order Red Cross training materials online at one central site. Shop at www.ShopStayWell.com. to place an order 7 days a week, 24 hours a day. Orders are shipped directly to your location, quickly and easily!



**American
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of the Susquehanna Valley

**Capital Region
Lancaster County
Mifflin-Juniata
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Lancaster, PA 17604**

www.sqvalleyredcross.org

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Who Should You Call?

Dana King, Education Specialist: 299-5566 x143
Questions regarding invoices, techniques, instructing or volunteering for a course in Lancaster, Juniata and Mifflin counties.

Jodi Brewbaker, Education Specialist: 257-1822 x209
Questions regarding invoices, techniques, instructing or volunteering for a course in the Capital Region.

Sara Simpson, Resource Associate: 257-1822 x227
All equipment order requests and questions for the Capital Region, Juniata and Mifflin counties.

Kerry Murphy, Resource Associate: 299-5566 x168
All equipment order requests and questions for Lancaster County.

**Corrin Henry, Education Coordinator: 257-1822 x226
or 299-5566 x226**
Pricing concerns, marketing materials, and if you cannot reach one of the education specialists.

**Chris Porter, Preparedness Manager: 299-5566 x145
or 257-1822 x145**
All questions regarding contracts, National Account Network questions, or anything else not covered above.

Welcome New Staff

Jodi Brewbaker, Capital Region Education Specialist, recently joined the American Red Cross of the Susquehanna Valley. Jodi is the main point of contact for all Capital Region Instructors. She can be reached by calling (717) 257-1822 x 209, or send an e-mail to Jodi at brewbakerj@usa.redcross.org.

ATTENTION: YOUR E-MAIL ADDRESS IS NEEDED

**THE AMERICAN RED CROSS IS COLLECTING
INSTRUCTOR E-MAIL ADDRESSES SO THAT
VITAL INFORMATION CAN BE SIMPLY
E-MAILED TO YOU, AND THE COST OF
PRINTING AND MAILING THE NEWSLETTER
WILL BE REDUCED. PLEASE SEND YOUR
E-MAIL ADDRESS TO CORRIN HENRY AT
HENRYCO@USA.REDCROSS.ORG.**