

## Capital Region Up-Coming Blood Drives

Please consider a donation of this precious gift of life. Donors must be at least 17 years old and weigh more than 110 lbs. Red blood cells expire every 42 days and due to the high demand, the Red Cross continually asks donors to replenish the blood supply (donors can give blood every 56 days).

Find upcoming blood drives below, or call 1-800-GIVE LIFE to locate a blood drive near you. Walk-ins are welcome. If you prefer to make an appointment call 1-800-GIVE LIFE or register online at [www.givelife.org](http://www.givelife.org).



**Monday, October 13 11:30 AM - 5:00 PM** Widener University 3800 Vartain Way, Harrisburg

**Saturday, October 18 12:00 PM - 5:00 PM** Bass Pro Shop Paxton Street, Harrisburg

**Tuesday, October 28 1:00 PM - 6:00 PM** Millersburg Senior Center Edward Drive, Millersburg

**Tuesday, October 28 2:30 PM - 6:30 PM** Just Right Fitness Market Street, Elizabethville Page  
1 of 2 As of 9/10/2008

**Friday, October 31 9:15 AM - 3:00 PM** Susquehanna Township High School Elmerton Avenue,  
Harrisburg

**Tuesday, November 4 1:00 PM - 5:30 PM** Zion Lutheran Church Main Street, Union Deposit

**Wednesday, November 19 11:00 AM - 4:00 PM** American Red Cross Office North Sixth Street,  
Harrisburg

**Tuesday, November 25 1:30 PM - 6:30 PM** Gratz Community Center Center Street, Gratz

**Wednesday, November 26 12:00 PM - 4:00 PM** MI Windows and Doors West Market Street,  
Gratz



**American  
Red Cross**

*of the Susquehanna Valley*