



American Red Cross



CPR/AED - Adult

- PURPOSE:** The Adult CPR/AED Training Course is designed to provide participants with the information necessary to recognize the signs of cardiovascular disease, and to provide emergency care to adult victims of cardiac arrest, choking, and those in need of rescue breathing. Participants will also learn key knowledge and skill elements of the use of an AED (Automated External Defibrillator).
- CLASS TIME:** Approximately 4.5 hours
- CLASS SIZE:** A maximum of 15 participants per class. Multiple classes may be scheduled for the same time.
- CONTENT:** Professional American Red Cross Instructors guide students through skills by utilizing an up-to-date video depicting real-life emergencies, and step-by-step practice procedures. Students will master the skills of positioning a victim for rescue breathing, giving rescue breathing, cardiopulmonary resuscitation (CPR) for adults and handling choking emergencies. The use of manikins allows for safe and realistic practice sessions and an easy to read, informative workbook supplements this course. Students will also learn the use of the AED and receive a unique skills card enabling participants to continue practicing the training after course completion.
- PREREQUISITE:** None.
- CERTIFICATION:** Participants who correctly demonstrate all skills and who pass the final written test with a minimum score of 80% will receive a CPR/AED- Adult certificate, valid for one year from the date of course completion.
- CONTRACT:** Training will be conducted at the work site or other agreed upon location.
- Course will be taught at the time designated by the business or organization.
- All equipment necessary to complete the course will be delivered to the contracting organization and retrieved by American Red Cross personnel.

COURSE FEE FOR THE AMERICAN RED CROSS OF THE SUSQUEHANNA VALLEY

A per person fee of \$55.00 will be charged for each participant with a minimum of 8 participants.

A \$25.00 fee will be added for a single course held over two days.

All courses will be invoiced after the course has occurred.

* PLEASE NOTE: Practice sessions can be strenuous; if participants have **any** medical conditions or disabilities that may limit their ability to complete tasks, please discuss them with a representative from our Workplace Training Program.

For more information or to schedule a course, please contact:

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(717) 234-3101 or (717)-299-5561
Fax: 717-257-1804**